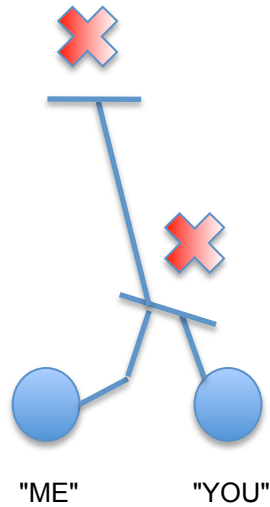


Common Offensive Blocking

"ME" & "YOU" Blocking

2 Lineman are responsible for blocking 2 Defensive Players
The player with the easiest line to the Linebacker yells "ME"
the other lineman confirms the call by yelling "YOU".



1. Both Offensive Players come off the ball quickly and engage in double team first.
2. The Player who is has the "ME" responsibility slides off the double team and engages the Linebacker in a drive block
3. The Player with the "ME" responsibility stays with his block and drive blocks until the whistle blows.

